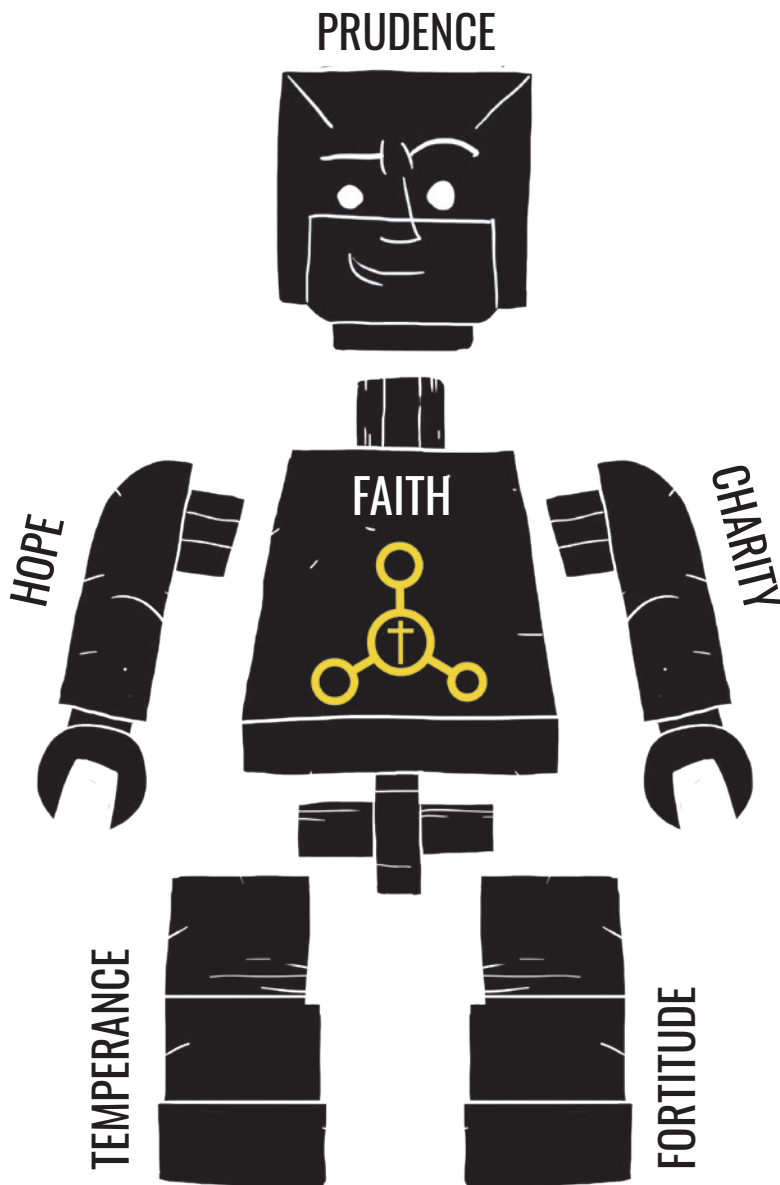


WHAT DOES A DISCIPLE LOOK LIKE?

Virtues are good characteristics that a person needs to practice to turn them into good habits. These good habits build healthy relationships with God, our neighbours, our earth and ourselves. Some are to do with good habits of the body, some the mind and others are to do with the spirit. Like an athlete trains towards a goal, we exercise virtue in life to build the kingdom by these relationships of care and love.



A HEART OF FAITH AT THE CENTRE

ARMS TO CARRY OUT ACTION
THROUGH HOPE & CHARITY

A MIND OF INTEGRITY & WISDOM

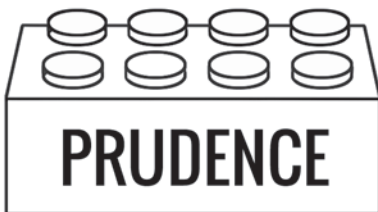
CLOTHES OF JUSTICE

STRONG FOUNDATIONS OF
TEMPERANCE & FORTITUDE



BUILDING THE KINGDOM

Write one personal aim for each of the virtues. Where do you feel you could build on your character to better love God, your neighbours and the earth?



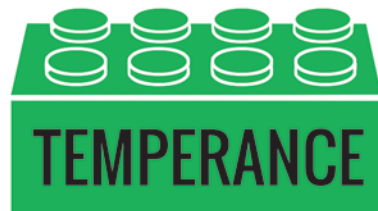
Practical wisdom. This allows us to make good decisions in the way we interact with the world. We can only know what is right and wrong through informing our consciences. This means taking an active interest in the world and it's people and creatures, being aware of how we are connected and affect one another and asking God to guide us.



Making sure those who are wronged get the good things they deserve. Setting things Right. Not to be confused with revenge.



Having the strength to do the right thing even if it is inconvenient or will not benefit you (taking up your cross). Being selfless.



Being satisfied with what you have and not wanting stuff. Not being jealous of other people. Concentrating on being grateful for what you have and where you are. Positivity.



Having faith in God removes yourself from the centre of the universe, making us less self-centred and also allows us to see that we are a tiny part of Gods plan. Unlike Superman we cannot save the world on our own, but what we can do we do to the best of our ability for God.



Hope in God's promise of salvation and the next life helps us endure any burdens we carry in this life. It allows us to make sacrifices and carry out our mission with Joy, nowing we are doing the right thing. Hope is actively taking part as characters in the story of the world, not 'hoping it will just get better'.



Charity is love. How do we reflect God's love in our relationships with other humans, other creatures and our common home? Do we show love for our global neighbours and planet in the way we are living?